

भारतीय कुश्ती संघ

Wrestling Federation of India

Affiliated to: Ministry of Youth Affairs & Sports, Govt. of India
Indian Olympic Association
United World Wrestling



WFI/Asian-Games/Japan/2026
28th July 2026

C I R C U L A R

Sub: Monitoring of Medical Fitness of Selected Wrestlers for the 2026 Asian Games

The Asian Games is one of the most prestigious multi sport events, held once every four years, and every wrestler aspires to earn selection to represent the country at this prestigious competition.

As wrestling is a body-contact sport, it is common for wrestlers to sustain injuries during training camps and competitions. Keeping in view the nature of the sport and the possibility of injuries, the Wrestling Federation of India (WFI) generally finalises the team approximately 30-40 days prior to major competitions. However, in the case of the 2026 Asian Games, the team has been selected nearly four months in advance to facilitate adequate preparation, participation in training programmes, and compliance with the event schedule.

Despite the early selection, the WFI remains fully committed to ensuring that only medically fit athletes represent the country at this prestigious event.

Accordingly, all Chief Coaches, Coaches and Medical Staff are hereby directed to closely monitor the medical fitness of all selected wrestlers on a continuous basis. A detailed medical fitness report of each selected wrestler shall be submitted to the WFI Office on a weekly basis.

In the event that any selected wrestler is found to be medically unfit or sustains an injury that is likely to affect his or her participation before the commencement of the competition, the matter shall be reported to the WFI immediately. The WFI shall take prompt action to make a suitable replacement, if required, in accordance with the applicable selection policy.

All concerned are requested to ensure strict compliance with the above instructions.


[Sanjay Kumar Singh]
President

Copy to Chief Coaches & Support Staff